



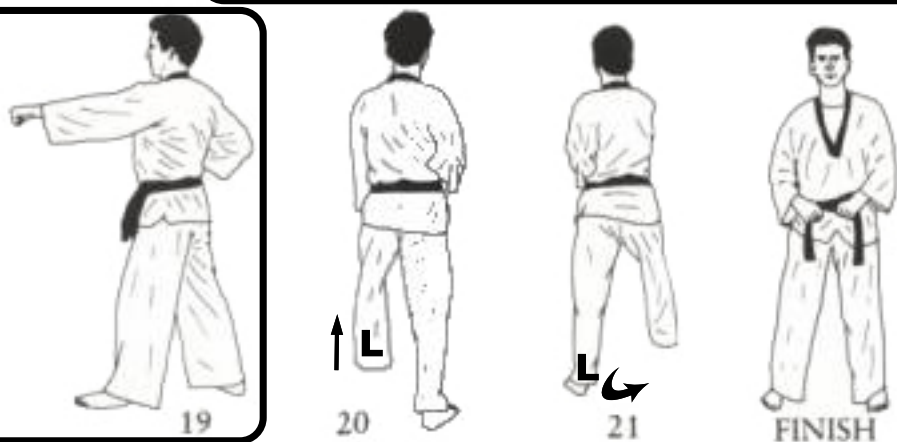
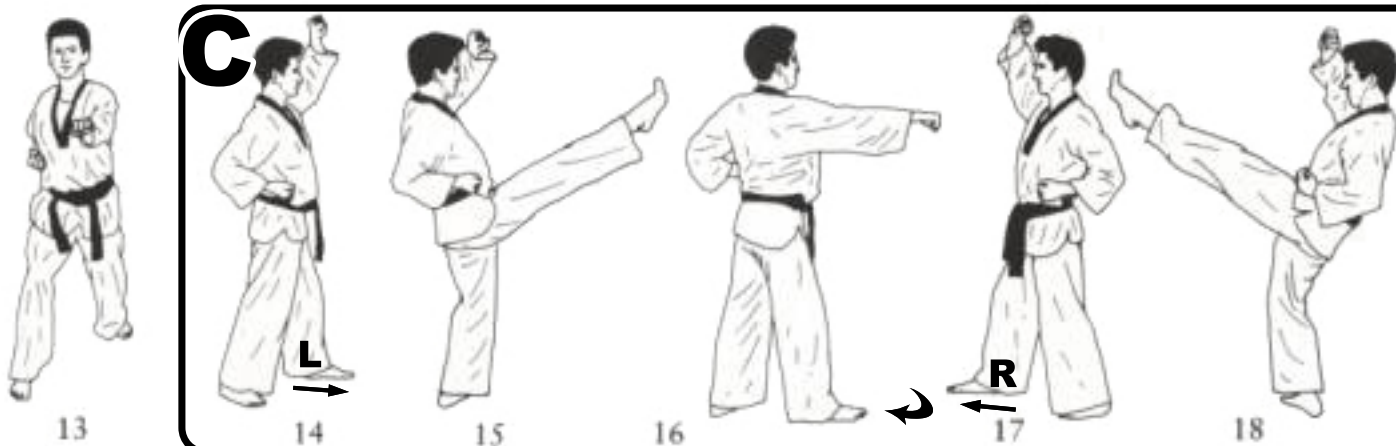
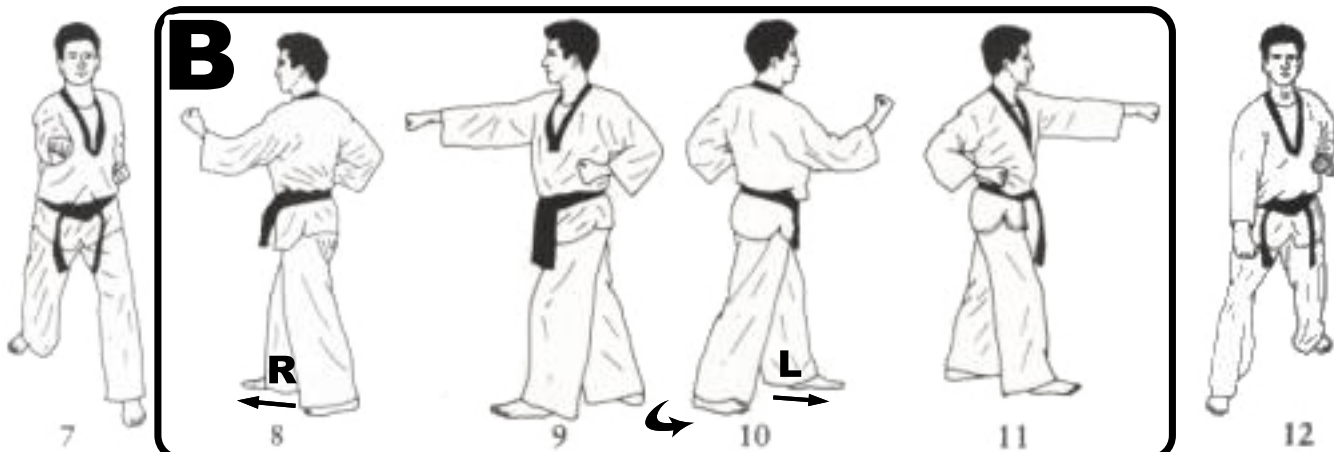
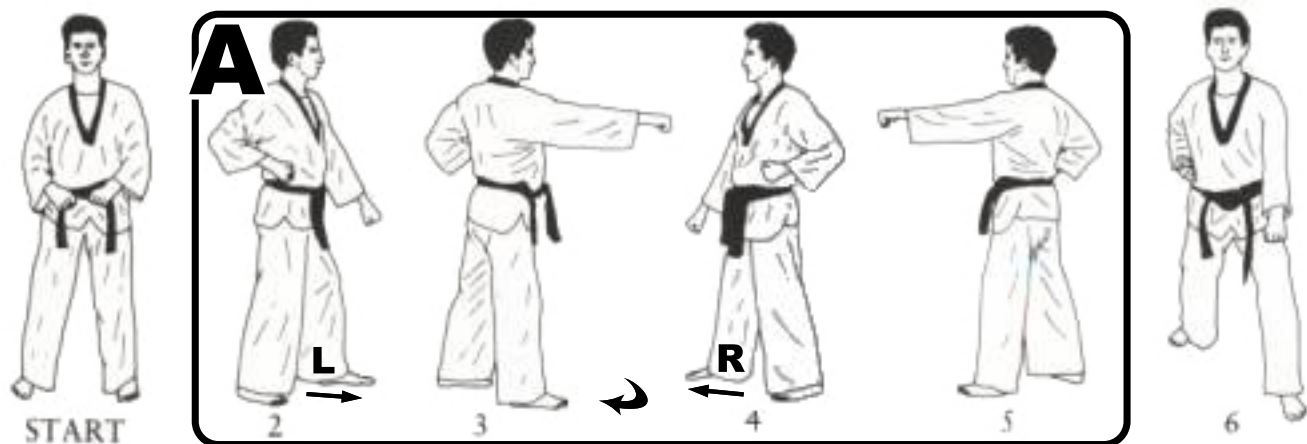
POOMSAE DIAGRAMS

BLACK BELT PREPARATION CLASS

With Instructor Al Poullis

**For official Kukkiwon video and video by Master Sasha
please visit**

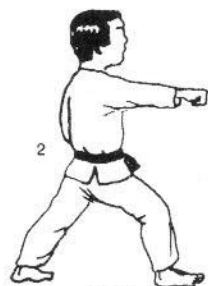
<https://tkd.poullis.com>



**TAEGEUK
IL JANG**

Taegeuk 2 Jang

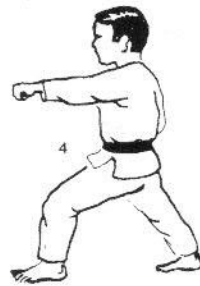
READY



2



3



4



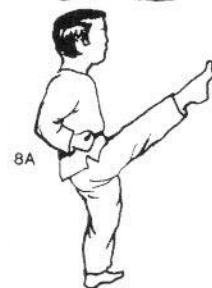
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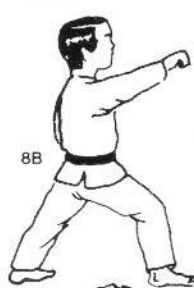
6



7



8A



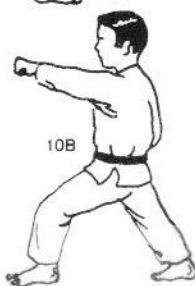
8B



9



10A



10B



11



12



13



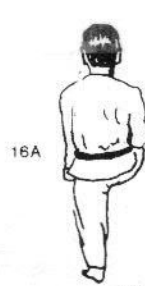
14



15



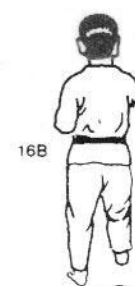
15 FRONT



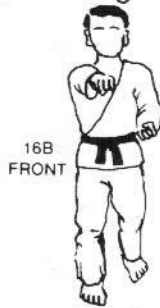
16A



16A FRONT



16B



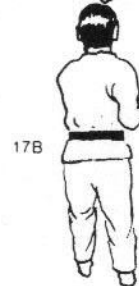
16B FRONT



17A



17A FRONT



17B



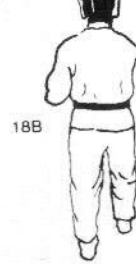
17B FRONT



18A



18A FRONT



18B



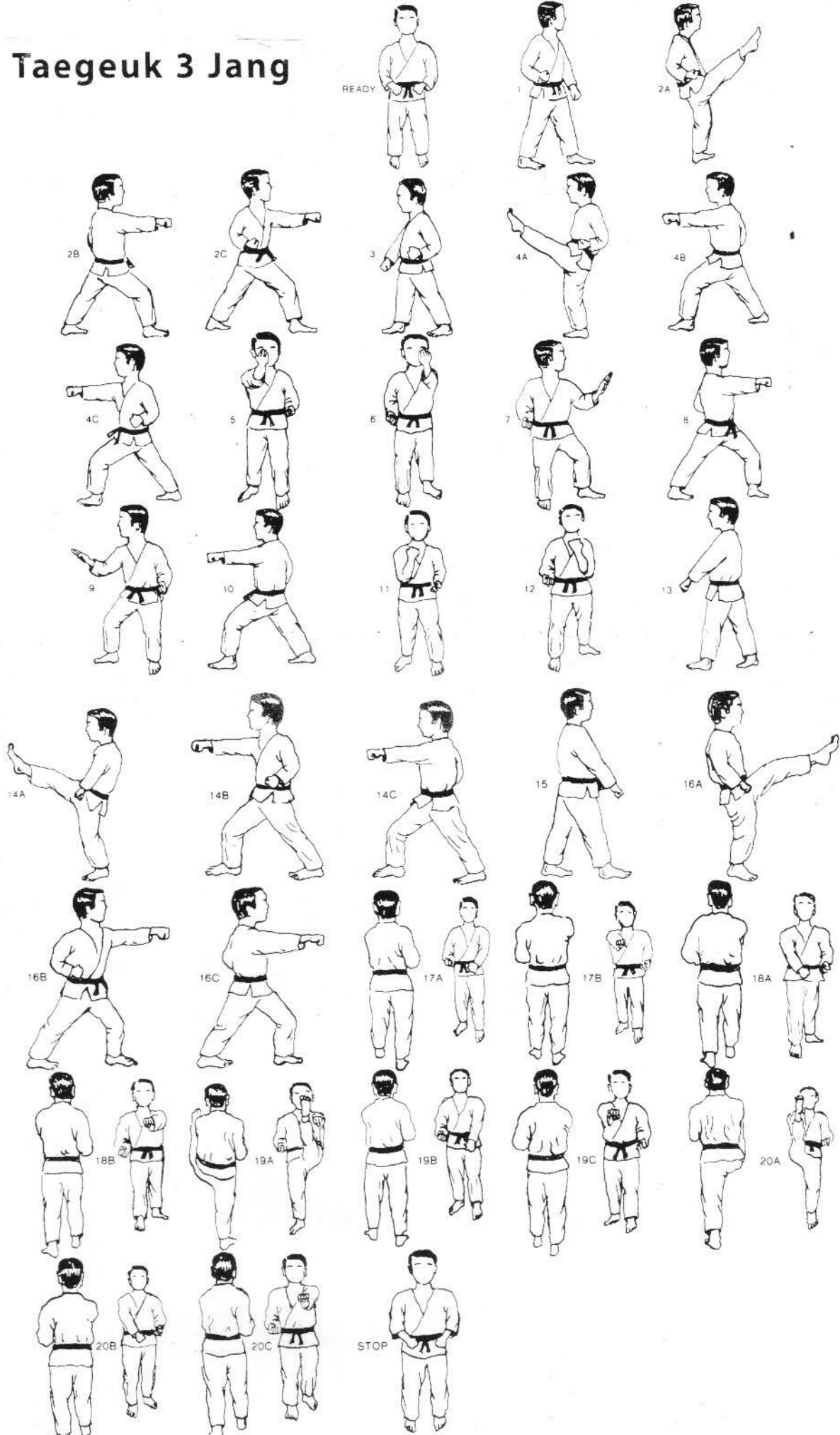
18B FRONT



STOP

Taegeuk 3 Jang

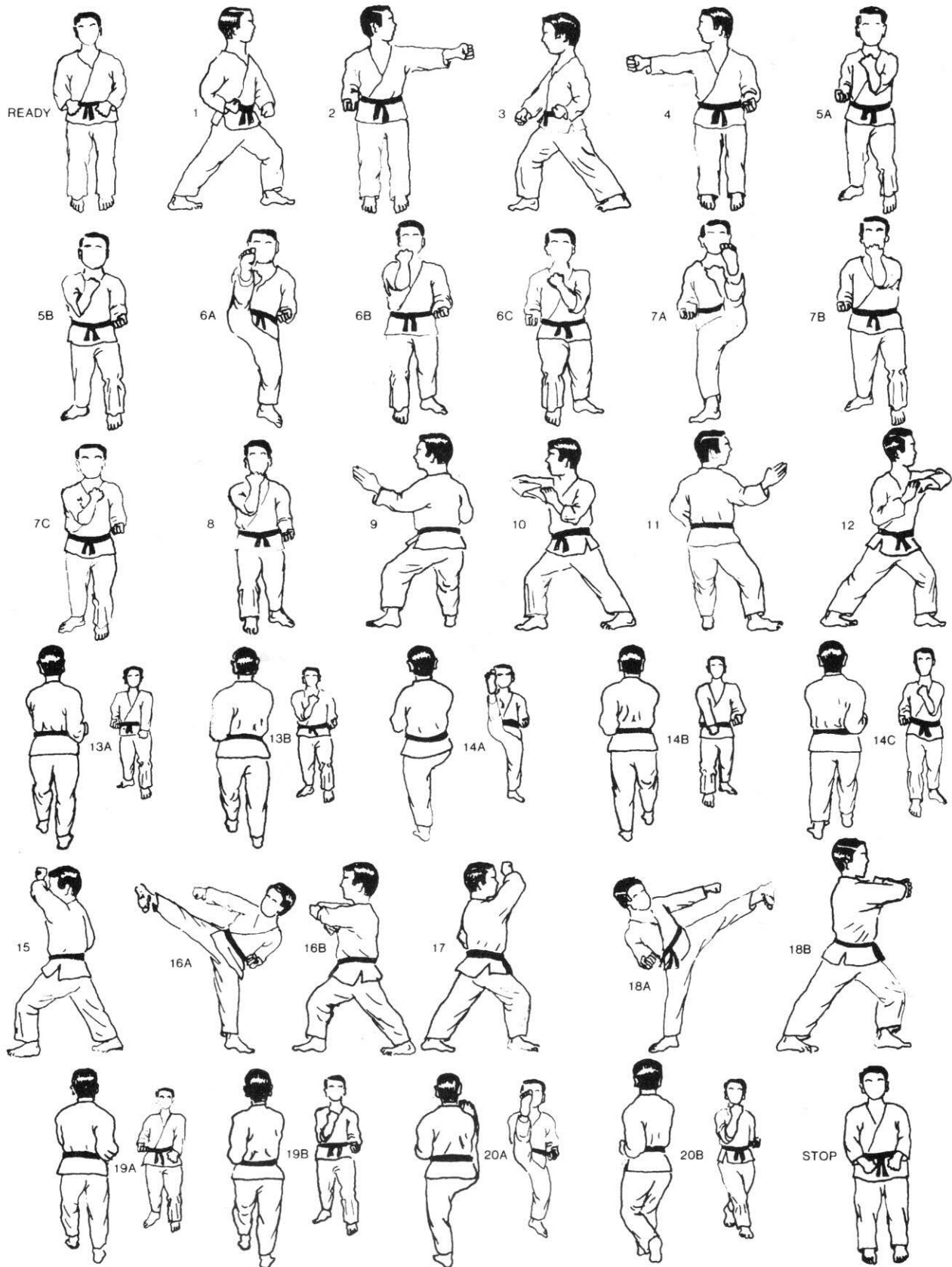
READY



Taegeuk 4 Jang



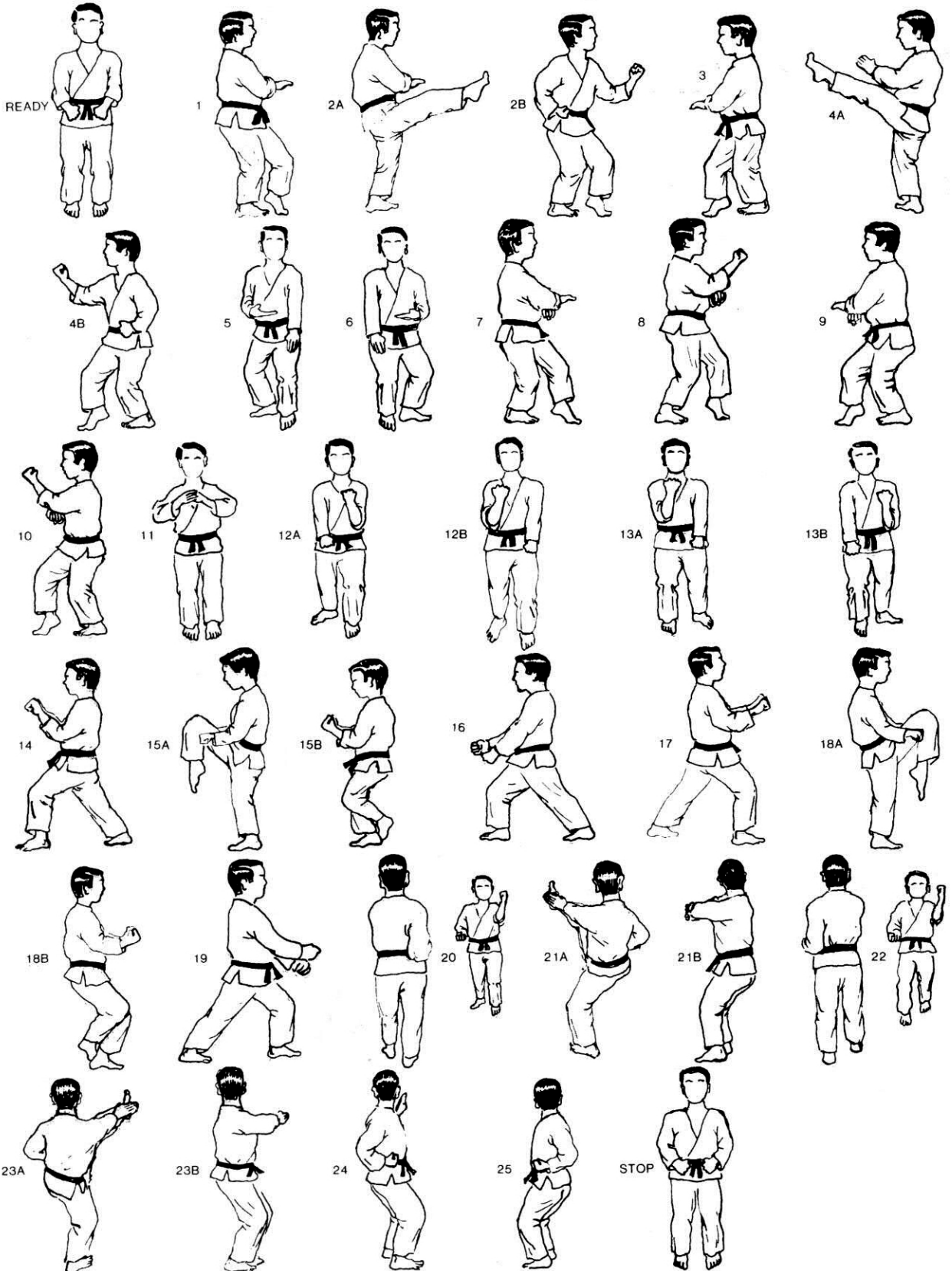
Taegeuk 5 Jang



Taegeuk 6 Jang



Taegeuk 7 Jang



Taegeuk 8 Jang

